

# 2023 Forest of Dean *Spring Trails* Half Marathon

**Sunday 2nd April 2023, 10:00am start**

This event is organised by the Rotary Club of the Royal Forest of Dean and supported by the Forestry Commission.

Proceeds are used to support charities, both locally and nationally.

**The centre of race operations will be at  
Speech House (GL16 7EL) in the heart of the Forest of Dean**

## Terms & Conditions

**It is essential that you read these notes in full before completing your entry form overleaf**

1. Registrations are normally handled on line. This means that you can pay conveniently using your debit or credit card. By choosing to use this postal entry form you accept the additional charge for the manual processing of the paper form and cheque.
2. Minimum age limit is 17 years of age by the date of the race. There is no upper age limit.
3. Once your entry is received and entered onto the Race Entrant's Database, fees are non-refundable.
4. Following a successful registration, a confirmation email will be sent to you containing a summary of your registration details, your assigned race number and a link to the event race pack. Please keep this information for reference. Your race bib and chip will be issued to you on the morning of the race on presentation of your personal race number.

Your race bib and chip showing your **personal** race number and chip must be worn throughout the duration of the race. Your race bib must be worn on your chest. **Race numbers, bibs & chips are not transferable.**

5. By entering, you agree to accept the rules of the race organisers and you confirm that you will wear a race chip, will compete entirely on foot, and will run entirely at your own risk, with **no dogs or following cycles or vehicles**. You will only take part if you are medically fit to run a half marathon. Personal music players and similar devices can only be used with 'open-ear' headphones (which utilise bone conduction technology in order to allow the user to hear normally). The use of 'in-ear' headphones (such as earphones and earbuds) or regular 'over-ear' headphones with such devices is not permitted. The race organisers and their agents will not be liable for any injury, loss, or expense which may arise in consequence of your participation in this event.
6. Please obey all instructions of race marshals or police - failure to do so will result in disqualification.
7. Teams may be entered at no extra charge at the time the entry is made. To be valid, teams must have a minimum of three members to finish the race.
8. Each UKA-affiliated club will automatically have one male and one female team entered. There can be any number of runners in a team, but only the best three results will score.
9. Non-affiliated teams may also enter. Team names must be unique. Teams must be all male or all female. The lowest combined result of the best three finishers in the same team will be declared the winning team.
10. No individual or team entries will be accepted after the entry deadline, or on the day of the race.
11. Deadline for entries is **Sunday 19th March 2023 at midnight**. Please make sure your entry reaches us by this date. The organisers reserve the right to close registration at any time if (for example) the number of registrants exceeds our limits.
12. The organisers reserve the right to modify the rules of the event. Notice of any such changes, wherever possible, will be posted to the web site at: **[www.forestofdean-halfmarathon.co.uk](http://www.forestofdean-halfmarathon.co.uk)**.
13. The organisers reserve the right to postpone or cancel the event if circumstances beyond our control mean that it is not possible to run the event. There will be no refunds. We may, at our discretion, offer entry to the same event the next year on special terms if circumstances prevent the race from being re-scheduled.
14. The course will be closed when the event finishes at 14:00. The organisers reserve the right to close the course for safety reasons at any time.
15. You irrevocably consent to your appearance being recorded on any media, and consent to your name and photograph being used for the purposes of announcing results and promoting the event.

**Race Director: Chris Hammersley**  
**E-mail: [chrishammersley1@yahoo.co.uk](mailto:chrishammersley1@yahoo.co.uk) Telephone: 01594 833941**  
***This event is held under UK Athletics' Rules***

# 2023 Forest of Dean Spring Trails Half Marathon

2<sup>nd</sup> April 2023

[www.forestofdean-halfmarathon.co.uk](http://www.forestofdean-halfmarathon.co.uk)

## Manual Entry Form

Please print and complete a separate form for each entrant:

First name	<input type="text"/>		
Last name	<input type="text"/>		
Gender	Male <input type="checkbox"/>	Female <input type="checkbox"/>	
Date of birth	Day <input type="text"/>	Month <input type="text"/>	Year <input type="text"/>
Address	House & street	<input type="text"/>	
		<input type="text"/>	
	Town	<input type="text"/>	
	Postcode	<input type="text"/>	
e-mail address (if available)	<input type="text"/>		
Telephone	<input type="text"/>		
Expected half marathon time	Hours <input type="text"/>	Mins <input type="text"/>	
UK Athletic affiliation?	Affiliated <input type="checkbox"/>	Fee (incl. handling charge)	£30.00
	Club name (in full, please)	<input type="text"/>	
	Not affiliated <input type="checkbox"/>	Fee (incl. handling charge)	£32.00
	Team name	<input type="text"/>	
	No team <input type="checkbox"/>		

*Non-affiliated fee includes UK Athletic insurance fee. Compared with on-line registration, paper entry forms carry an additional handling charge of £3.00 to cover manual processing.*

I enclose a cheque, payable to "Rotary Club of the Royal Forest of Dean", for [£30.00 affiliated\*] [£32.00 non-affiliated\*] - *\*delete as appropriate.*

I have read and understood the full terms and conditions and agree to abide by the race rules as described

Signed:

Date:

Please mail this entry form with your cheque to:

Forest of Dean Spring Trails Half Marathon  
Chris Hammersley  
Glencarn House, 11 Park Road  
Five Acres  
Coleford  
Glos. GL16 7QS

2022-06-19