

2023 Forest of Dean Autumn 5K Run

Sunday 24th September 2023, 10:15am start

This event is organised by the Rotary Club of the Royal Forest of Dean and supported by the Forestry Commission.
Proceeds are used to support charities, both locally and nationally.

**The centre of operations will be at
Speech House, GL16 7EL
in the heart of the Forest of Dean**

Terms & Conditions

It is essential that you read these notes in full before completing your entry form overleaf

1. Minimum age limit is 6 years of age by the date of the event. There is no upper age limit.
2. Once your entry is received and entered onto the Event Entrant's Database, fees are non-refundable.
3. By entering, you agree to accept the rules of the event organisers and you confirm that you will compete entirely on foot and will run entirely at your own risk, with **no dogs or following cycles or vehicles**. You will only take part if you are medically fit to participate in a 5K run. The event organisers and their agents will not be liable for any injury, loss, or expense which may arise in consequence of your participation in this event.
4. Please obey all instructions of event marshals or police - failure to do so will result in disqualification.
5. The organisers reserve the right to close registration at any time if (for example) the number of registrants exceeds our limits.
- 6 The organisers reserve the right to modify the rules of the event. Notice of any such changes, wherever possible, will be posted to the web site at: **www.forestofdeanhalfmarathon.co.uk**.
7. The organisers reserve the right to postpone or cancel the event if circumstances beyond our control mean that it is not possible to run the event. There will be no refunds. We may, at our discretion, offer entry to the same event the next year on special terms if circumstances prevent the event from being re-scheduled.
8. The course will be closed when the event finishes at 14:00. The organisers reserve the right to close the course for safety reasons at any time.
9. You irrevocably consent to your appearance being recorded on any media, and consent to your name and photograph being used for the purposes of announcing results and promoting the event.

Event Director: Ian Storrar
E-mail: ian@rotary-rfod-events.org.uk

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www.forestofdean-halfmarathon.co.uk

Manual Entry Form

Please print and complete a separate form for each entrant:

First name	<input type="text"/>		
Last name	<input type="text"/>		
Gender	Male <input type="checkbox"/>	Female <input type="checkbox"/>	
Date of birth*	Day <input type="text"/>	Month <input type="text"/>	Year <input type="text"/>

** If you are under 16, your guardian's permission must be obtained before entering the event.*

Address	House & street	<input type="text"/>
		<input type="text"/>
	Town	<input type="text"/>
	Postcode	<input type="text"/>
e-mail address (if available)	<input type="text"/>	
Telephone	<input type="text"/>	

I enclose a cheque, payable to "Rotary Club of the Royal Forest of Dean", for **£10.00**.

I have read and understood the full terms and conditions and agree to abide by the race rules as described.

Signed:

** If the entrant is under 16, this form must be signed by their guardian.*

Date:

Please return this entry form with your cheque to:

Forest of Dean Autumn 5K Run
Ian Storrar
The Coach House
Victoria Road
Lydney
Glos. GL15 5DG